

# Healing Autism through NAET

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# What is NAET ?



- NAET is a Innovative, natural solution for allergies and allergy related conditions. It is highly effective in the treatment of many serious health care conditions. The most astonishing of which is Autism.
- In 1983 Devi S. Nambudripad, D.C., L.Ac., M.D., Ph.D. discovered NAET, (Nambudripad Allergy Elimination Technique), and began extensive research and development for a new effective approach to the diagnosis and elimination of allergies. Dr. Nambudripad believes that there is hardly any human disease or condition where allergic factors are not involved. That includes Autism.

# How it works

- NAET is a synthesis of various medical disciplines such as allopathy, acupuncture, chiropractic, kinesiology, and nutrition. NAET testing techniques utilizes Neuromuscular Sensitivity Testing (NST) which indicates the kinetic imbalance in the body caused by allergens.



- The NAET treatment stimulates pressure points along the spine from neck to the sacrum while the patient is holding an allergen. After the treatment a strong NST indicates that the allergy has been removed.

# How it works *Continued.....*

- Specific acupressure points are then massaged for 20 minutes to stabilize the treatment. The substance then must be completely avoided for 25 hours for best results. Allergens are treated and cleared one at a time in a specific sequence. Normally only one allergen is treated on a given day. In most cases one session is all that is required to eliminate an allergy if NAET is applied properly and the instructions are followed by the patient. Individuals who are highly sensitive may sometimes require additional treatments.
- There are over 10,000 trained practitioners worldwide who practice NAET. They include MDs, Acupuncturists and Chiropractors.



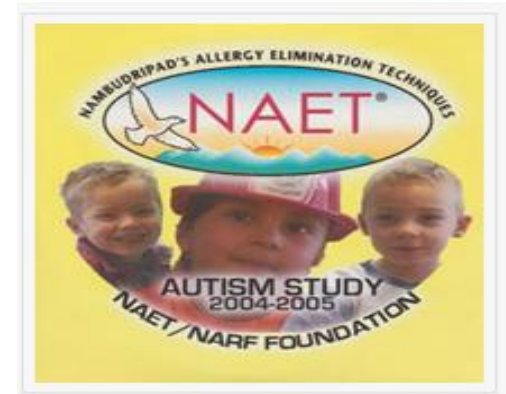
# Evidence for NAET in the treatment of Autism



- Tietilbaum Family Foundation funded a study published in the Journal of Integrative Medicine.
- Study had 60 children that were 2.5-10 years old with Autism. They were randomly assigned to NAET treatment group or a Control Group. There were 30 in each group.
- The NAET treatment group (26 boys 4 girls) received 100 NAET treatments for 50 key allergens for 1 year. The control group (25 boys 5 girls) did not receive any NAET treatments.
- All the children in the NAET group improved and amazingly 23 of them were able to attend regular school after the study.
- All 30 of the children in the control group had no improvement and had to remain in special education.

# Evidence for NAET in the treatment of Autism

## *Continued.....*



- The Tietlbaum Foundation then funded treatment for all 30 children in the control group.
- Study also monitored allergy symptoms of the children. The ones treated with NAET had a significant reduction in their allergy symptoms. The control Group had no change in their allergy symptoms.
- NAET treated group had a mean 68.4% improvement in the total Autism Research Institute Score. (ARI-ATEC)
- NAET treated group had a 85% decrease in the total Allergy Symptom Rating Scale (ASRS)
- NAET treated group had a 47% Average Increase in the Childhood Autism Rating Scale (CARS).

For more information, visit YouTube NAET autism

Thank you